STARLIT MAGIC • PRINTABLE GUIDE

# How Intense Is It?

The big rides, sorted by thrill level: the drops, launches and spins, and the gentle stuff for everyone else.

Height limits tell you who can ride. This tells you what a ride actually does, so motion-sensitive adults, cautious kids, and anyone who'd rather skip the drops can plan ahead. Icons flag what to expect.

ICON KEY: Drop · Launch / Speed · Spinning · Dark · Inversions · Water

## BIG THRILLS (drops, launches, dark, fast; think twice if you're sensitive)

| | | | |
|---|---|---|---|
| Tiana's Bayou Adventure | Magic Kingdom | drop, water | a 50-ft flume drop; you'll get wet. |
| TRON Lightcycle / Run | Magic Kingdom | launch | launch coaster, fast, but smoother than Space Mountain. |
| Space Mountain | Magic Kingdom | dark, launch | a jerky coaster in near-total darkness; the rough one. |
| Guardians of the Galaxy: Cosmic Rewind | EPCOT | launch, spinning, dark | reverse launch + spinning vehicles; the top motion-sickness trigger on property. |
| Rock 'n' Roller Coaster | Hollywood Studios | launch, inversions | the only WDW coaster with inversions, plus a hard launch. |
| The Twilight Zone Tower of Terror | Hollywood Studios | drop, spinning | repeated sudden drops in the dark. |
| Expedition Everest | Animal Kingdom | drop, dark | a coaster with a backward section and one big drop. |
| Avatar Flight of Passage | Animal Kingdom | spinning | an intense flying simulator; can unsettle motion-sensitive riders. |
| Mission: SPACE (Orange) | EPCOT | spinning, launch | a spinning centrifuge with real G-forces (air-sickness bags are in the vehicle). Choose the Green version for a gentle, no-spin ride. |

## MODERATE (some thrill; most people are fine)

| | | | |
|---|---|---|---|
| Seven Dwarfs Mine Train | Magic Kingdom | drop | a mild family coaster with gentle swaying and small dips. |
| Big Thunder Mountain Railroad | Magic Kingdom | drop | a classic mine-train coaster; small drops and quick turns. |
| Slinky Dog Dash | Hollywood Studios | launch | a family coaster with little airtime hills and a small launch. |
| Test Track | EPCOT | launch | coaster-style, up to 65 mph. |
| Star Tours | Hollywood Studios | spinning | a jerky motion simulator with screens. |
| Millennium Falcon: Smugglers Run | Hollywood Studios | spinning | a motion simulator; mild-to-moderate, screen-based. |
| Soarin' Around the World | EPCOT | | a gentle hang-glide simulator; the sense of height is the main factor. |
| Remy's Ratatouille Adventure | EPCOT | spinning, dark | trackless with spinning and screens; benign-looking but a sneaky motion trigger. |
| Kali River Rapids | Animal Kingdom | water, spinning | a spinning raft with a drop; you will get soaked. |
| Kilimanjaro Safaris | Animal Kingdom | | a bumpy open-truck ride over rough terrain. |
| Mad Tea Party | Magic Kingdom | spinning | spinning teacups (you control how much). |
| Frozen Ever After | EPCOT | drop | mostly a gentle boat ride, with one small backward drop. |

## GENTLE (calm; great for little ones, grandparents, and queasy stomachs)

| | | |
|---|---|---|
| "it's a small world" | Magic Kingdom | |
| The PeopleMover | Magic Kingdom | slow, breezy, a few small dips. |
| Haunted Mansion | Magic Kingdom | dark and spooky, but the-motion is slow and smooth. |
| Pirates of the Caribbean | Magic Kingdom | dark, with one small drop. |
| Peter Pan's Flight | Magic Kingdom | dark |
| Jungle Cruise | Magic Kingdom | |
| The Many Adventures of Winnie the Pooh | Magic Kingdom | |
| Under the Sea: Journey of The Little Mermaid | Magic Kingdom | |
| Mickey & Minnie's Runaway Railway | Hollywood Studios | dark, trackless and playful, no big motion. |
| Spaceship Earth | EPCOT | dark, slow and dark, with a gentle backward descent. |
| Living with the Land | EPCOT | |
| The Seas with Nemo & Friends | EPCOT | |
| Gran Fiesta Tour | EPCOT | a gentle boat ride. |
| Mission: SPACE (Green) | EPCOT | the no-spin, light-motion version. |
| Na'vi River Journey | Animal Kingdom | a slow, beautiful boat ride. |
| Alien Swirling Saucers | Hollywood Studios | spinning, a mild kiddie spinner. |

## MOTION-SICKNESS WATCH

Prone to motion sickness? The usual suspects: Mission: SPACE Orange, Guardians Cosmic Rewind, Mad Tea Party, Star Tours, Avatar Flight of Passage, and screen-heavy rides like Remy's.

### What helps:

- Pick Mission: SPACE Green.
- Keep your eyes on a fixed point.
- Ride earlier in the day.
- Remember Rider Switch lets anyone sit one out without waiting in line twice.

SAME PARKS. DIFFERENT THRILLS. PLAN SMARTER.

## GOOD TO KNOW

Rides close for refurbishment. Check live ride status before you plan your day around one.


STARLIT MAGIC

Live wait times, ride status and a plan for your park day, in the app.

Free to download.

ONE APP. NO SUBSCRIPTION.

Premium: pay once, own it forever.

Download on the App Store